






	WEEK 1 5/9/22, 26/9/22, 17/10/22, 14/11/22, 5/12/22	WEEK 2 12/9/22, 3/10/22, 31/10/22, 21/11/22, 12/12/22	WEEK 3 19/9/22, 10/10/22, 7/11/22, 28/11/22,
<b>MONDAY</b> 	1 Vegetable Balti & Rice (ve) 2 Roasted Mediterranean Vegetable Lasagne (v) Jacket Potato with Baked Beans (ve) Peas and Sweetcorn Apricot and Oat Cookie	1 Vegetarian French Bread Pizza with Herby Potatoes (v) 2 Vegetarian Meatballs in Tomato Sauce with Pasta (ve) Jacket Potato with Baked Beans (ve) Peas and Sweetcorn Chocolate Shortbread	1 Arrabiata Pasta (ve) 2 Broccoli & Cauliflower Cheese Bake (v) Garlic Bread Jacket Potato with Baked Beans (ve) Selection of Salads Lemon Drizzle
<b>TUESDAY</b> 	1 Pork Sausage, Mash & Onion Gravy 2 Vegetable and Lentil Cottage Pie (ve) Jacket Potato with Tuna Mayo Peas and Carrots Fruity Crumble with Custard	1 Sweet and Sour Chicken with Rice 2 Gnocchi with Tomato and Bean Sauce (v) Broccoli and Carrots Jacket Potato with Tuna Mayo Cornflake Tart with Custard	2 Vegan Sausage Traybake (ve) 1 Cottage Pie Jacket Potato with Tuna Mayo Peas and Carrots Fruit Pie with Custard
<b>WEDNESDAY</b> 	2 Vegetable Pasty (v) 1 Roast Chicken & Stuffing Roast and New Potatoes, Gravy and Seasonal Vegetables Jacket Potato with Cheese and Salad (v) Apple Flapjack	2 Roasted Quorn Fillet (v) 1 Roast Pork & Apple Sauce Roast and New Potatoes, Gravy and Seasonal Vegetables Jacket Potato with Cheese and Salad (v) Angel Delight and Fruit	1 Roast Gammon 2 Quorn & Vegetable Pie (v) Roast and New Potatoes, Gravy and Seasonal Vegetables Jacket Potato with Cheese (v) Chocolate Rice Crispy Cake
<b>THURSDAY</b> 	1 Meat Bolognaise with Pasta 2 Quorn Chow Mein (v) Jacket Potato with Tuna Mayo Green Beans and Sweetcorn Chocolate & Vanilla Marble Cake with Custard	1 Turkey Meatballs in Tomato Sauce with Pasta 2 Vegetarian Sweet & Sour with Rice (v) Jacket Potato with Coleslaw (v) Green Beans and Sweetcorn Tropical Sponge with Custard	1 Chicken Curry with Rice 2 Macaroni Cheese (v) Jacket Potato with Coleslaw (v) Green Beans and Vegetable Medley Fruity Sponge with Custard
<b>FRIDAY</b> 	1 Fishfingers 2 Vegetable Croquette (ve) Chips, Mushy Peas and Baked Beans Jacket Potato with Baked Beans (ve) Ice Cream	1 Salmon Fishcake / Salmon Fish Fingers 2 Cheddar & Red Onion Quiche (v) Chips, Mushy Peas and Baked Beans Jacket Potato with Baked Beans (ve) Iced Smoothie	1 Fishless Fingers (ve) 2 Fishfingers Chips, Mushy Peas and Baked Beans Jacket Potato with Baked Beans (ve) Ice Cream

**Served Daily - Bread, Fresh Fruit, Yoghurt, Salad and Drinking Water**

(v) = vegetarian (ve) = vegan